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Since 2012 Prof. Barth has been the head of the Institute for Psychology of the Sigmund Freud University Linz/Austria.

From 1991 to 2000 he studied Psychology, Philosophy and History at the University of Vienna, Austria and the Wittgenstein Archive Bergen, Norway. After his studies, he worked for several years as a scientist at the Medical University of Vienna and the Vienna University of Technology. Furthermore, he is one of the founders of the Vienna Academy for Occupational Medicine (WIAP) and the Vienna Academy for Clinical Psychology (WIKIP).

His main research interests are work analysis and work design, strain and workload concepts, burnout, stress, bullying and behavioral toxicology.